

*Inspire
Encourage* ! **Be A
Mentor**



Forever Friends & Co-Pilots Mentoring Programs

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Most people remember with fondness at least one person who had a special, positive impact on their lives. This mentor was most likely someone who gave them extra attention, provided encouragement and communicated a deep belief in their potential. Unfortunately, many young people will not find such a person by chance ...

“ I have a better appreciation for all the stresses and pressures on today's young people. ”

“ I feel I have made a difference in his life. ”



“ I've learned that even s impact - a smile, a hug, ”



Co-Pilots

Co-Pilots are volunteer adult mentors to boys. These men are matched with boys in first grade through high school, who have been chosen by school counselors. These “hidden heroes” inspire and encourage young people who can benefit from additional adult support. Co-Pilots meet individually with their mentees weekly, using the ideas, games, and activities they are given during training to help them work with youth. Planned group activities, such as field trips or sporting events, help strengthen and celebrate these relationships.

- **Mentors boys first grade through high school**
- **Meet with mentees on a weekly basis**
- **Attend planned group activities, field trips, sporting events**

Time invested in this young person's life has made a positive difference for not only her, but has reminded me to never take life for granted. Lives are worth investing in.



*small things can make a big
a phone call.*

*We've become closer over the years, and I consider
my mentee just an extension of my family.*

Forever Friends

Forever Friends matches caring women, who are willing to serve as mentors, with girls in fifth grade through high school. These mentors and girls meet weekly as a group on campuses during the school day. Throughout the year, activities and discussions are led by a group leader. An end of school banquet for all Forever Friends celebrates these new friendships. Forever Friends Too pairs elementary school-aged girls with committed women in individual or group settings at school.

- **Mentor girls first grade through high school**
- **Meet weekly on school campuses during the lunch hour**
- **Participate in activities and discussions led by group leader**

Young people with mentors are:

46% less likely to begin using illegal drugs

27% less likely to begin using alcohol

53% less likely to skip school

37% less likely to skip a class

33% less likely to hit someone

“Young people need help with so many things. We need to help direct and guide them – to give them more positive choices.”



If you would like to become a mentor ...

or would like to find out more about the program, please fill in the information below and return the card to Partners in Prevention. If you are not interested, please pass this card along to someone else who may want to volunteer. Thank you!

Name: _____

Daytime Phone: _____

Home Address: _____

E-mail Address: _____

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903-237-1019
www.LongviewPartnersInPrevention.com





Place
Stamp
Here



Partners in Prevention

Forever Friends / Co-Pilots
PO Box 1952
Longview, TX 75606

What does it take to become a mentor?

- Have a caring heart
- Attend two training sessions
- Meet weekly at school with a student
- Commit one year to program

"I have gained far more from mentoring than I have given. Being a mentor changes you forever."



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